

AUGUST 2022

Notable Notes

Notable Works Publication and Distribution Co., Inc.

Announcements:



Audubon Society of Rhode Island's Raptor Weekend

Come meet eagles, owls, hawks and falcons!

September 10 & 11, 2022

1401 Hope Street
Bristol, RI 02809

10:00 am - 4:00 pm



WOONASQUACKETT RIVER
WATERSHED COUNCIL

Come bike, hike, and learn with the WRWC! We have several events and activities lined up this month, so visit our website for more information and register for events at <https://wrwc.org/events/>.

Thursday evenings during the month of
August from 4 PM to 6 PM

FREE Summer Community Canoe Rides

Meet at the fish ladder at Riverside Park
50 Aleppo Street Providence, RI.

Friday August 5th 2022 6 PM

Olivia's Forest Hike

Join us for an easy tour of Olivia's Forest Trailhead in Smithfield, Rhode Island. Parking is very limited, so if you can safely carpool, please do!

Sunday, August 21st 2022

Downtown Paddle Providence

Launches at 4 PM and 4:30PM

Meet at South Water Street Boat Launch

Register online at:

<https://wrwc.org/wp/events/downtown-paddle-8-21-22>

Saturday, August 6th 2022 10 AM to 12 PM

Electrofishing Survey

Burrs Pond in Smithfield

<https://wrwc.org/wp/events/electrofishing-survey-at-burrs-pond>

Saturday, August 20th 2022 10 AM to 12 PM

Electrofishing Survey

Wheeler School in Seekonk

<https://wrwc.org/wp/events/electrofishing-survey-at-the-wheeler-school-seekonk>

"Announcements" continued on back

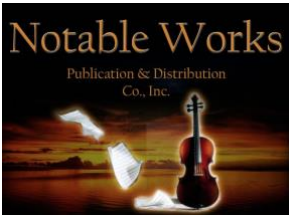
"Poetry, Music and Performance at Audubon"

This event, hosted by Notable Works and Audubon Society of Rhode Island, took place on Sunday, June 12th 2022 at the Audubon Nature Center and Aquarium in Bristol, Rhode Island. One of the highlights of this beautiful afternoon was the opening guided tour led by Lauren Parmelee, Senior Director of Education, Audubon Society of Rhode Island, of this captivating natural habitat with its fascinating creatures, butterfly gardens, gorgeous wildflowers, plants and shrubs. Participants expressed how inspirational this tour was and how they thoroughly enjoyed being with others who shared a common interest in and appreciation of nature. Following the tour and outside under a tent, Lawrence J. Krips and Diana Cole led a poetry workshop, which allowed participants an opportunity to express what they had just experienced on the tour in the form of poetry. Participants shared their thoughts on paper and then each created a poem in the form of haiku, which they each read aloud during the performance later that afternoon. The Music Workshop also began immediately following the tour and Dana Maguire brought a wide variety of African drums and other percussion instruments to lead an exciting and motivational Drum Circle. Then, Noreen Inglesi led the creation of a sound piece, where workshop participants were asked to depict some of the sights and sounds they had experienced during the tour through the use of percussion instruments. This event culminated with a performance, which included some of the original works created during both workshops as well a performance by the Notable Works' Ensemble. One of the pieces performed by the Ensemble was "Sunset on the Cove" by Noreen Inglesi, which highlighted the efforts of Audubon Society of Rhode Island, the Barrington Land Conservation Trust and other local environmental agencies to preserve and protect One Hundred Acre Cove in Barrington. This tidal estuary is a key natural habitat and home to many endangered species. All of the original works performed by the Ensemble had to do with the theme of "Connecting, Adapting and Working Together to Build A Sustainable Future." Thank you to the Rhode State Council on the Arts and the RI CHARG program for making this event as well as Notable Works' entire Performance Season possible and thank you to all who supported and attended these memorable events!



The Notable Works' Ensemble

(Left to right): Maria Bilyeu, Alison Shea, Anne Diamond, Beth Shapira, Antonio Rodrigues and Noreen Inglesi



www.notableworks.org

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Gold Sponsors (\$100.00+)

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LIFELINE

By Noreen Inglesi

Like a pilgrim
She stood facing the mountain
Feeling her fear
Only a lifeline
Protecting her future
Feeding the hope
That she would endure

How easily
She could turn away
From that mountain of fear
Yet, she knew she must get over
That mountain of fear
That mountain of fear

Slowly,
She started climbing the mountain
Holding her lifeline
Feeling secure

The warmth of the sunlight
Encircling her body
Giving her strength
Making her pure

Time passed by quickly
But, oh, how she struggled
Feeling so weary
So far from the top
Each rock brought her closer
To goals she was clinging
Each rock brought her closer
To dreams that she had

Then she saw the peak
Just ahead of her
And made her
Last few strides with ease
All stopped as she stood
Proud and strong
Looking down on all her fears.

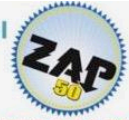
"Fear has a very concrete power of keeping us from doing and saying the things that are our purpose."

Luvvie Ajayi

In her popular [2017 TED Talk](#) "Get Comfortable With Being Uncomfortable," bestselling author, speaker, and podcast host Luvvie Ajayi pointed out the undeniable power of fear. That powerful force can wind up controlling our actions – or inaction, as is often the case. But Ajayi encouraged her audience to use it as a motivator. "I'm not going to let fear dictate what I do," she said. "Anything that scares me, I'm going to actively pursue it." Feeling afraid doesn't have to be a warning sign of what to avoid; instead, it can act as a beacon, lighting a path for us to [push outside our comfort zone](#), which is the only way to grow.

Keep Blackstone Valley Beautiful

Invites you to join us as we celebrate the



50th Anniversary of

BLACKSTONE VALLEY'S OPERATION ZAP

In September 1972, **10,000 volunteers** lined the banks of the Blackstone River to remove tons of trash, appliances, furniture, even cars and a school bus from its banks.

It became the largest one-day regional environmental clean-up in American history!

Join our "volunteer citizen army" we are recruiting to make an even bigger impact than the September 1972 Operation ZAP

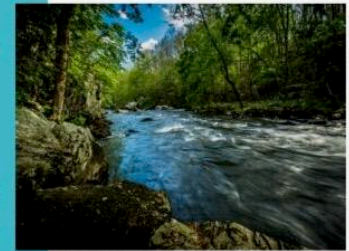


Photo by Alya Fox

Join us on **August 27, 2022** to clean up & green up part of the Blackstone River Watershed, as we mobilize Project ZAP50.

Join us again at the Old Slater Mill National Historic Landmark and celebrate the successes of the Blackstone River on **September 10, 2022**.

Learn more & get involved!

zaptheblackstone.com

Keep Blackstone Valley Beautiful, has taken a lead role in organizing and recruiting for the Project Zap 50 cleanup event as we mobilize volunteers all throughout the Blackstone Watershed. Our mission is to end litter, reduce waste and beautify our communities so we all have clean, green & beautiful communities to live and enjoy. KeepBlackstoneValleyBeautiful.com



Learn the big picture and the planning goals to improve and bring back the health of the Blackstone Watershed by visiting [The Blackstone Watershed Collaborative](http://TheBlackstoneWatershedCollaborative.org).

BlackstoneCollaborative.org